

FLINTSHIRE U3A NEWSLETTER

Volume 4

Issue 3

June 2009

Flintshire U3A – Friendship & Fun through Lifelong Learning

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4 WAYS TO COLLECT YOUR NEWSLETTER

1. At the bi-monthly Open Meetings.
2. From your Group coordinator.
3. From The Bookshop, High Street, Mold.
4. Download from our website:

www.flintshire-u3a.co.uk

To aid distribution please could coordinators put any **surplus copies** of the Newsletter in The Bookshop, High Street, Mold.

COMMUNITY WINDOW

Look out for Flintshire U3A's display in the Community Window in Mold from the beginning of June.

Contributions for the **September** Newsletter are welcomed by **15th August**. Please contact the Editor, Angela Parry.

BELLEPLATES GROUP'S 200TH MEETING CELEBRATIONS



The Belleplates Group's 200th meeting celebrations welcomed 15 guests, many of whom "had a go". This splendid cake was made by Joan Williams and the photograph was taken by Paul Walters.

The Belleplates Group meet every Monday afternoon between 2pm and 4pm at the Glanrafon Centre in Mold under the guidance of Rita who can be contacted on 01352 757693.

SOCIAL MORNING for ALL MEMBERS

Wednesday 1st July 10.00 – 12.00 at the New Brighton Community Centre



NO ANNOUNCEMENTS

NO SPEAKER

NO FORMALITIES

Just a chance to meet with other Flintshire U3A members for a social chat with refreshments.

YOU are invited to come.

You may see old friends. You may make new ones.

You will enjoy the refreshments!

You may enjoy a good chat or a gentle chuckle.

You may find out about an interest group you would like to join. You may tell someone about the groups you already belong to.

You may volunteer to help in some way: on the committee, making the tea, making a new member feel welcome.

There is a lot on offer at our Social Morning. Think what you will miss if you don't come!

I'm looking forward to seeing you there.

Hilary Jones, Chairman

USEFUL TIPS from some of our members

- ▶ In your mobile phone, store the number of a contact person or persons who should be contacted during an emergency under the name **ICE** (In Case of Emergency). For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.
- ▶ The worldwide emergency number for mobile phones, 112, enables GPS location.
- ▶ To check if you are eligible for an Insulation Grant visit www.freeinsulation.co.uk.

GROUPS' NEWS

AWAY DAYS



Wednesday	22nd July	Royal Welsh Show (coach trip - early booking essential).
Saturday	22nd August	Southport Flower Show - celebrating its 80 th anniversary.
Wednesday	23rd September	Centre for Alternative Technology, Machynlleth. (Coach trip).
Thursday	19th November	Quarry Bank Mill. Industrial Heritage site, Styal.
December	TBA	Christmas Market.

Please contact [Judith 01824 780221](mailto:judith@btinternet.com) or [Gill 01352 713972](mailto:gill@btinternet.com) if you are interested in any of these Away Days.

COMPUTERS - Bah Humbug!



CALLING ABSOLUTE BEGINNERS and OTHERS...

Now for something different!

Two groups are proposed – one for absolute beginners, the second for those who already dabble.

Absolute Beginners Group – no more than 6 members – everything slowly and easily explained. You do not need a computer – you will learn first the important things to know before you even decide to buy. This isn't a college course – it is a down to earth "what and how to do it" group!

Dabblers Group - up to 10 members – for those who can dabble but need to be able to 'control' their computer and sort it when things go wrong. Ideally you should have access to a laptop (one between two would do).

The purpose of the groups is to make computing enjoyable and easy, so you can find out what they can do for you. You will learn about the Internet and becoming a silver surfer! We will also look at the types of programmes that are available, and even how to purchase a computer that WILL suit both your needs and your pocket. Initially these groups would meet monthly and could run for 6 to 10 weeks (open to suggestion if members wanted more than this).



Firstly there needs to be a meeting of interested individuals to discuss what people in that group want. Interested? Or are you an IT buff and would like to help?

Please contact, by email if you can: reply.sandra@yahoo.co.uk , or by phone: **01244 818384**.

The first meeting will be sometime about 18th June, venue to be determined but most likely in Mold.

For the future there will be a series of programme specific sessions, such as using computers for artistic and photographic purposes, spreadsheets or databases, but this will depend on interest expressed. [Sandra](mailto:sandra@btinternet.com).

DIGITAL PHOTOGRAPHY



This new group meets on the 4th Wednesday of the month at Gwernaffield Church Hall. Future presentations that have been offered include an Introduction to 'Photoshop', Advice on Composition, and Methods of Replacing a Featureless Sky. **Frank**: **01352 741 416** or e-mail: digi.frank@btinternet.com.

FRIDAY DINING CLUB – NEW GROUP

The first meeting of the U3A's third Dining Club is booked for Friday, 12th June in a private dining room at the Plas Hafod Hotel in Gwernymyndd. There are still some places available and we would welcome other "sociable foodie enthusiasts" into the fold. If you have not had details please ring us on **01352 751881** or e-mail: johnyates43@talktalk.net . If you are keen to join but cannot make the first event, there is no problem - you are welcome to sign up.



As the other Dining Clubs have been so successful, Sue and I hope to follow the same approach and so all key decisions for the Club will be taken by the members. Issues of regularity of meetings, cost and distance etc., will be discussed and agreed after the first meal. One attraction to us is that colleagues will eat at different venues chosen by fellow members - a very good way of sampling recommended restaurants which we have not tried before.

Finally it is good to report that Ken and Pat Archer have asked to eat with us as guests and Philip and Mary Johnson have joined the group. Hilary Jones would like to come but is



away. Despite Hilary's absence, it is good to know that the founders of the first Dining Club want to be there in body and soul rather than in spirit. [John & Sue Yates](#).

GARDENING CLUB – NEW GROUP



The first meeting of this new Group will be on Friday, 5th June 2009 at Corlan on Mold Business Park at 14:30. The Group is currently full, but if you would like to be placed on a waiting list, please contact me. Philip: 01352 741001 or email: philip@johnson5184.freeserve.co.uk

POTTERY GROUP – HELP START A NEW GROUP?

I have been offered the use of some brand new potters' wheels and kiln at a local care facility. Is there a member with this particular expertise who could help start up a new Group? Please contact me. Philip: 01352 741001 or email: philip@johnson5184.freeserve.co.uk



WOOD TURNING GROUP – NEW GROUP

An interest has been expressed in forming a Wood Turning and/or Wood Carving Group. Those interested should make initial contact with Wyn Jones on 01352 780324, or speak to Wyn at the next Open Meeting on Wednesday, 3rd June 2009.

SCHEDULE FOR THEATRE GROUP - JUNE TO AUGUST 2009

Further details from Sue: 01352 713252

DATE	PERFORMANCE	COST	DATE	PERFORMANCE	COST	DATE	PERFORMANCE	COST
10 Jun	Oklahoma	£13	3 Jul	The Damned United	£4.50	7 Aug	Cheri	£4.50
19 Jun	Oliver	£13	15 Jul	Outside Edge	£8.00	11 Aug	Sleep Furiously	£4.50
24 Jun	Paris 36	£4.50	20 Jul	The Boat that Rocked	£4.50	28 Aug	The Reader	£4.50
25 Jun	The Collector	£4.50	24 Jul	Easy Virtue	£4.50			
29 Jun	Duplicity	£4.50						

MEMBER SUPPORT GROUP

Following various welfare liaison meetings it has been decided to form a **Member Support Group**, which will consist of:

Sue	01352 713252 (to head for 1st year)
Hilary	01352 780324
Diane	01244 544284
Philip	01352 741001
Carole	

Firstly we felt that there already exists within the Groups a good system of mutual help which we would continue to use as our base - but we would also provide this backup in case anyone fell through the net.

We will be asking Group Leaders to let one of us (me) know if anyone is ill and requires a card, flowers, hospital visits, home visits, etc. We can offer other help as well for a period of 4 weeks.

There will be a book on display at Open Meetings which will outline such help as we can offer and the names of other volunteers. We would like people to use this also to add anyone's name that they think (with their permission) would like such help.

We also aim to collect names of local trades people whom our members have found useful and also other information about organisations that could be of use, e.g. Red Cross, Help the Aged etc. Sue

COMMITTEE MEMBERS

Chair	Hilary Jones	01352 780324
Vice Chair	Ken Archer	01352 740916
Treasurer	David Williams	01978 761824
Secretary	Diane Sauvage	01244 544284
Membership Secretary	Anne Kay	01244 819897
Editor	Angela Parry	01352 720501
Publicity Officer	Carole Speller	
Other Committee Members	Sue Brown, Barry Ashton	

INTEREST GROUPS

GROUP	MEETING VENUE	DAY	TIME	CONTACT NAME	TELEPHONE NUMBER
Art (1)	Mold, Daniel Owen Centre	Alternate Fridays	09.00-13.00	Anne	01352 752881
Art (2)	Mold, Glanrafon Centre	Alternate Fridays	09.00-11.30	Rita	01352 757693
Art Appreciation	Mold, Glanrafon Centre	3 rd Tuesday of month	10.00-11.30	Rita	01352 757693
Away Days		Variable		Judith/ Gill	01824 780221/ 01352 713972
Belleplates (Handbells)	Mold, Glanrafon Centre	Mondays	14.00-16.00	Rita	01352 757693
Bolivia	Mold/Buckley	1 st Monday of month	19.30 start	Jill	01244 544646
Bridge	Pantymwyn	2 nd Thursday of month	19.30-22.30	Ken	01352 740916
Card Making	Mold	2 nd Monday of month	10.30-12.30	Carole	
Chess		1 st & 3 rd Friday of month	14.00 start	Barrie	01352 752418
Computers – Bah Humbug!	TBA	1 st meeting mid-June		Sandra	01244 818384
Crown Green Bowls	Rhydymwyn	1 st & 3 rd Thursday of month	10.00-12.00	Barry	01352 741836
Digital Photography	Gwernaffield	4 th Wednesday of month	14.00-16.00	Frank	01352 741416
Easy Social Walking		2 nd Thursday of month	10.00 start	Barbara	01352 759855
Flower Arranging	Gwernaffield	1 st & 3 rd Wednesday of month	14.00-16.00	Carole	
Flora and Fauna		2 nd & 4 th Tuesdays of month	10.00 start	Joe	01352 810318
French Conversation (advanced)		Bi-weekly on Mondays	15.00-17.00	John	01352 752508
French Conversation (intermediate)	Gwernaffield	1 st & 3 rd Tuesday of month	14.00-16.00	Sheila	01352 740607
Friday Dining Club		1 st Dining - 12 th June	19.00 for 19.30	John	01352 751881
Gardening Club	Corlan, Mold	1 st meeting - 5 th June	14.30	Philip	01352 741001
Health and Happiness	Connah's Quay	1 st Thursday of month	13.30-15.30	Julia	01244 813844
Lunch Club	Theatre Clwyd	Bi-monthly, 3 rd Wednesday	12.30 for 13.00	Diane	01244 544284
Music Appreciation	Mold	1 st Wednesday of month	14.00-16.00	Bea	01352 752737
Needlecraft Group	Ewloe	1 st Thursday of month	14.00-16.00	Catherine	01244 538698
Philosophy Group	Mold	4 th Wednesday of month	14.00-16.00	Charles	01352 754765
Pilates	Gwernaffield	Fridays	10.00-11.00	Mary	01244 547238
Play Reading	Mold	2 nd Thursday of month	14.00-16.00	Charles	01352 754765
Poetry	Mold	4 th Thursday of month	14.30-16.00	Tina	01352 753860
Quilting (1)	Mold	1 st Thursday of month	10.00-12.00	Margaret	01352 753076
Quilting (2)	Pentre Halkyn	3 rd Monday of month	10.00-12.00	Hilary	01352 780324
Reading Group (1)	Mold	3 rd Thursday of month	10.30-12.00	Contact	07708435105
Reading Group (2)	Buckley	3 rd Wednesday of month	10.30-12.30	Norma	
Reading Group (3)	Mold	4 th Thursday of month	10.30-12.00	Margaret	01352 753548
Reading Group (4)	Mold	4 th Thursday of month	10.30-12.00	Tina	01352 753860
Scrabble Group	Mold	2 nd Wednesday of month	19.30 start	Carole	
Singing		2 nd Wednesday of month	15.40 start	Eirlys	01352 756746
Social History	Gwernaffield	1 st Monday of month	10.00-11.30	Anne	01352 752881
Sunday Lunch Club		1 st Sunday of month		Sue	01352 713252
Table Tennis	Gwernaffield	1 st & 3 rd Wednesday of month	14.00-16.00	Barry	01352 741836
Tai Chi	Gwernaffield	Thursdays (10 session courses)	16.30-18.00	Chris	01352 741836
Theatre Clwyd	Meet every 3 months	To arrange theatre trips		Sue	01352 713252
Thursday Dining Club		Bi-monthly, 1 st Thursday	19.00 for 19.30	Ken	01352 740916
Walking Group (1)		3 rd Friday of month	09.45 for 10.00	Philip	01352 741001
Walking Group (2)		1 st Tuesday of month	10.00 start	Sue	01352 752508
Wednesday Dining Club		Bi-monthly, 3 rd Wednesday	19.00 for 19.30	Peter	
Welsh Conversation	Mold	4 th Wednesday of month	14.30-16.00	Diane	01244 544284
Wine Appreciation		4 th Thursday of month	19.30 start	David	01978 761824
Writers Group	Mold	2 nd & 4 th Monday of month	09.30-12.00	Connie	01352 754838
Yoga	Gwernaffield	Tuesdays (6 session courses)	11.30-13.00	Karen	01352 759333

OPEN MEETINGS – All members welcome! Don't forget the Book/CD/DVD Exchange!

All meetings except the December one are at 10.30am at New Brighton Community Centre.

3 June 2009

The History of Halkyn Mountain by Mr Elvet Pierce.

9 September 2009

Cheshire Bowmen and the History of the English Longbow by Bernard Dennis. His talk is illustrated with a range of bows, arrows and arrowheads, together with explanations of many well known phrases used in everyday language, such as 'rule of thumb', 'brace yourself', 'the butt of the joke', 'fast and loose' etc.