

FLINTSHIRE U3A NEWSLETTER

Volume 5

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June 2010

Flintshire U3A – Friendship & Fun through Lifelong Learning

OUR FIRST AWAY “DAY” WEEKEND TRIP TO LONDON

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NATIONAL U3A MAGAZINE

Due to an administration error the April **National U3A Magazine** was posted. Hopefully this error has been rectified and the next magazine should be available at Open Meetings or from your coordinator. As stated before, this change in method of distribution saves our U3A over £350.

REMINDER

Risk assessment is not mandatory for our Interest Groups. We take part in U3A activities at our own risk and we are sure common sense will prevail. Non members are allowed to attend two Interest Group Meetings and one Open Meeting before becoming a fully paid up member. The committee should be informed of any occasional attendance by non members on our trips.

Contributions for the **September** newsletter are welcomed by **12 August**. Please contact the Editor on 01352 720501 or email: ameparry@btinternet.com



Tea-time on the coach



Boat trip on the Thames

22 members of the **Away Day Group** travelled down to London on a classic coach for a long weekend.

Delyn MP, David Hanson, showed them round the Houses of Parliament...

They then cruised down the Thames...



Outside the Houses of Parliament

On the steps of Houses of Parliament

They enjoyed a panoramic tour of the city...

They saw the views of the capital from the London Eye...

Trip on the London Eye



The chorus on the return journey was:

“When is the next one?”

GROUPS' NEWS

GARDENING GROUP



In the late afternoon of Friday, 23 April, Philip and Paul were most ably assisted in the planting programme by seven young volunteers from a recently formed Vegetable Growers Group based at Loggerheads.

The outcome was nine rows of potatoes, two rows of leeks and the initial phase of a new technique using salad seeds impregnated into a special matting.

We have so many 'goodies' to plant over the forthcoming weeks, why not come and join us.

[Philip: 01352 741001](tel:01352741001)

MUSIC APPRECIATION

Peryn Clement-Evans, Artistic Director and clarinettist of Ensemble Cymru, entertained members of the Music Appreciation Group at their May meeting. Peryn talked about his musical life and then played pieces by Gershwin, Stravinsky, Mozart, Prokofiev and Acker Bilk including excerpts from "Stranger on the Shore" and "Peter and the Wolf".

[Bea: 01352752737](tel:01352752737)



PHILOSOPHY

Pedr has taken over the running of this group. Many thanks to Charles for all his work in the past.

[Pedr: 01352 755958](tel:01352755958)

READING GROUP 3

Pat has taken over the running of this group. Many thanks to Margaret for all her work in the past.

[Pat: 01244 545893](tel:01244545893)

SINGING FOR PLEASURE

Freda is starting up a "Singing for Pleasure" group. All abilities are warmly welcomed. [Freda: 01352 810557](tel:01352810557)

SOCIAL HISTORY – AN INVITATION

We have vacancies for the trip to the **HACK GREEN SECRET NUCLEAR BUNKER** on Monday 6 September commencing at 6.30pm and members from other groups are welcome to join us. The visit is for a special curator's evening tour which offers a more detailed behind the scenes experience. The cost is £10 per head but may be reduced to £8 if numbers are sufficient. Please note that members will need to make their own way there although others may be willing to give lifts. **If you are interested please contact me as soon as possible.** [Anne: 01352 752881](tel:01352752881)

TAI CHI

There are not quite enough U3A members to make the class viable so the group voted to open it up to other people in order to keep it going. This means that it is no longer an official U3A class.

[Wendy: 01812 780266](tel:01812780266)



WALKING GROUP (Friday)

On the way up



On a warm and sunny mid April day, 20 members climbed 1326 feet above Penmaenmawr to see the Neolithic stone circles. John Plummer, our February speaker on 'Islands and Lifelines', led us on a walk that provided a splendid extension to his talk. The area was

At the top



populated from about 4,000 to 2,000 BC, and we could all empathise with John's statement that, notwithstanding the passage of time, you could still sense their presence.

Whilst standing in the centre of the main stone circle, my GPS was unable to locate any satellites to establish our position. When I stepped outside the circle, it immediately 'locked on'. However, on re-entering the circle, the compass became totally erratic. Furthermore, Roy received a text message welcoming him to the Isle of Man. Spooky or what?

We visited an 'Axe factory' on our return leg, where Kate discovered a flint axe head 'reject'.

It was a splendid outing. Philip: 01352 741001

PLACES STILL AVAILABLE

N Wales U3As' Study Day

Tuesday 14th September
10am - 4pm
Glyndwr University,
Wrexham

"Landscape & Environments in North Wales"

Cost: £10 which includes lunch.

Names to Secretary, John Hughes: 01352 754065, by **14th June 2010**.

ADDITIONAL OPEN MEETING

Wednesday 13th October 2010 at 10.30am at
New Brighton Community Centre



"Four Kimonos and a Wedding – a Japanese Journey"

By Hilary Jones

"Our holiday to Japan to attend our son's wedding provided a unique opportunity to see a special side of a country and culture not readily visited by westerners. Friends have encouraged me to share it with my FU3A colleagues". Hilary



Come and spend a pleasant evening with other FU3A members listening to

Gwernaffield Silver Band.

At New Brighton Community Centre on 7th July 2010 at 7pm.

Tickets cost £2 and are available from Hilary or at Open Meetings.

NEWSLETTER & WEBSITE – INTERESTING OPPORTUNITY

Is anyone interested in learning how our newsletter and website are managed?

I would like to help anyone who would value learning these skills and then, perhaps, act as my deputy when I am unavailable. The newsletter is great fun to compile as you have a free reign with the overall design and you get to find out everything about Flintshire U3A! I enjoy receiving the photographs and finding appropriate clipart for the various items. Just think, you too could make your own mark on a future newsletter!

Learning how to update the website is much easier than you think. Hilary and I both learned from scratch and were pleasantly surprised by how simple it is.

If you would like to take advantage of this interesting opportunity please contact Hilary: 01352 780324 or Angela: 01352 720501 or email: ameparry@btinternet.com

COMMITTEE

Chair Hilary Jones 01352 780324

Vice Chair	Gill Causer	01352 713972	Membership Secretary	Barry Ashton	01352 741836
Treasurer	David Williams	01978 761824	Editor	Angela Parry	01352 720501
Secretary	John Hughes	01352 754065	Other Committee Members	Jeff Green & John Yates	

Sandra Hulland has been co-opted onto the committee and is doing great work as contact for enquiries both by phone: [01244 818384](tel:01244 818384) and by email: flintshireu3a@yahoo.co.uk

OPEN MEETINGS 2010 – All members welcome.

Don't forget the Book/CD/DVD Exchange!

All meetings are at 10am for 10.30am at New Brighton Community Centre. A charge of 50p is levied which includes refreshments and a contribution to the hire of the hall.

2 Jun	Not Just a Pretty Place - Survival in Snowdonia	by Huw Jenkins
8 Sep	Healthy Eating	by Sylvie Jackson
13 Oct	Four Kimonos and a Wedding – a Japanese Journey	by Hilary Jones
	This is an ADDITIONAL meeting	
8 Dec	Adventures of a Liverpool Tour Guide	by Steve Binns

Open Meetings at New Brighton Community Centre

Would members please arrive **after 10am** as we need time to set up the hall for the meeting.

INTEREST GROUPS

<u>GROUP</u>	<u>MEETING VENUE</u>	<u>DAY</u>	<u>TIME</u>	<u>CONTACT</u>	<u>TELEPHONE</u>
Art (1)	Mold, Daniel Owen	Alternate Fridays	09.00-13.00	Anne	01352 752881
Art (2)	Mold Glanrafon Centre	Alternate Fridays	09.00-12.00	Rita	01352 757693
Art Appreciation	Mold Glanrafon Centre	3 rd Tuesday of month	10.00-12.00	Rita	01352 757693
Away Days		Variable		Judith Gill	01824 780221 01352 713972
Belleplates	Buckely Church Hall	Mondays	14.00-16.00	Norma	01244 545686
Bolivia	Mold/Buckley	1 st Monday of month	19.30 start	Jill	01244 544646
Bridge	Pantymwyn	2 nd Thursday of month	19.30-22.30	Ken	01352 740916
Card Making		2 nd Monday of month	09.30-11.30	Barbara	01352 751388
Chess		1 st & 3 rd Friday of month	14.00 start	Barrie	01352 752418
Computers: Beginners				Sandra	01244 818384
Computers: Dabblers	Connah's Quay	2 nd Monday of month	10.00-12.00	Sandra	01244 818384
Crown Green Bowls	Rhydymwyn	1 st & 3 rd Thursday of month	10.00-12.00	Barry	01352 741836
Digital Photography	Gwernaffield	4 th Wednesday of month	14.00-16.00	Frank	01352 741416
Dining Club (Wednesday)		Bi-monthly, 3 rd Wednesday	19.00 for 19.30	Peter	
Dining Club (Thursday)		Bi-monthly, 1 st Thursday	19.00 for 19.30	Ken	01352 740916
Dining Club (Friday)		Bi-monthly, 2 nd Friday	19.00 for 19.30	John	01352 751881
Flora and Fauna		2 nd & 4 th Tuesdays of month	10.00 start	Joe	01352 810318
Flower Arranging	Gwernaffield	1 st & 3 rd Wednesday of month	14.00-16.00	Jenny	01244 818739
French for Beginners	Mold	Alternate Tuesdays	14.00-16.00	John	01352 715873
French Conversation (intermediate)	Gwernaffield	1 st & 3 rd Tuesday of month	14.00-16.00	Sheila	01352 740607
French Conversation (advanced)		Bi-weekly on Mondays	15.00-17.00	John	01352 752508
Gardening Club - indoor season	New Brighton Community Centre	1 st Friday of month from October to March	14.00-15.30	Philip Irene	01352 741001 01352 740762
Gardening Club - outdoor season	Variable	Normally 1 st Friday, but some Saturday outings, Apr to Sept		Elisabeth Joe	01352 754519 01352 810318
Health and Happiness	Connah's Quay	1 st Thursday of month	13.30-15.30	Julia	01244 813844
Italian (Teach Yourself)		2 nd & 4 th Monday of month	14.00-15.30	Freda	01352 810557
Lunch Club (Wednesday)	Theatre Clwyd	Bi-monthly, 3 rd Wednesday	12.30 for 13.00	Diane	01244 544284
Lunch Club (Sunday)	In & around Mold	1 st Sunday of month		Sue	01352 754376
Member Support				Sue	01352 754376
Music Appreciation		1 st Wednesday of month	14.00-16.00	Bea	01352 752737
Needlecraft Group	Ewloe	1 st Thursday of month	14.00-16.00	Catherine	01244 538698
Philosophy Group	Mold	4 th Wednesday of month	14.00-16.00	Pedr	01352 755958
Pilates	Buckley	Mondays	10.00-11.00	Mary	01244 547238
Play Reading	Mold	2 nd Thursday of month	14.00-16.00	Charles	01352 754765
Poetry	Mold	4 th Thursday of month	14.30-16.00	Tina	01352 753860
Quilting (1)	Mold	1 st Thursday of month	10.00-12.00	Margaret	01352 753076
Quilting (2)	Pentre Halkyn	3 rd Monday of month	10.00-12.00	Hilary	01352 780324
Reading Group (1)	Mold	3 rd Thursday of month	10.30-12.00	Contact	07708435105
Reading Group (2)	Buckley	3 rd Wednesday of month	10.30-12.30	Norma	
Reading Group (3)	Mold	4 th Thursday of month	10.30-12.00	Pat	01244 545893
Reading Group (4)	Mold	4 th Thursday of month	10.30-12.00	Tina	01352 753860
Scrabble Group	Mold	2 nd Wednesday of month	19.30 start	Carole	
Scrapbooking		Alternate Fridays		Barbara	01352 751388
Short Mat Bowling	Gwernaffield	Wednesdays	10.00-12.00	Frank	01352 741416
Singing for Pleasure	Loggerheads			Freda	01352 810557
Sketching Outdoors	Loggerheads	3 rd Thursday of month	14.00-16.00	Celia	01244 550663
Social History	Gwernaffield	1 st Monday of month	10.00-11.30	Anne	01352 752881
Spanish for Beginners		Tuesdays	10.30-12.00	Charmian	01352 810607
Table Tennis	Gwernaffield	1 st & 3 rd Wednesday of month	14.00-16.00	Barry	01352 741836
Theatre Clwyd	Meet every 3 months	To arrange theatre trips		Sue	01352 754376
Walking Group (1)		3 rd Friday of month	09.45 for 10.00	Philip	01352 741001
Walking Group (2)		1 st Tuesday of month	10.00 start	Sue	01352 752508
Walking (Easy Social)		2 nd Thursday of month	10.00 start	Gordon	01244 812836
Welsh Conversation	Mold	4 th Wednesday of month	14.30-16.00	Diane	01244 544284
Wine Appreciation		4 th Thursday of month	19.30 start	David	01978 761824
Wood Turning & Carving	Pentre Halkyn	3 rd Monday of month	10.00-12.00	Wyn	01352 780324
Writers Group	Mold	2 nd & 4 th Monday of month	09.30-12.00	Connie	01352 754838
Yoga	Gwernaffield	Tuesdays (6 session courses)	11.30-13.00	Karen	01352 759333