



## July 2018 Trustee Tips

Please print this off, put on your noticeboard and circulate it – especially to your newsletter editor and your website manager. Thank you.

### Dates for your diary

- 14.8.18 Keeping it Legal Workshop – for all S Wales U3As.
- 28-30.8.18 National Conference and AGM in Nottingham
- 31.8.18 Last date for Short Story Competitions entries.
- 21.9.18 Flintshire U3A Walking event – part of the Coastline project – all U3As are invited to come along and join in.
- 1.10.18 Flintshire U3A Science Morning for Primary Schools
- 9.10.18 Art and Music Event at National Museum of Cardiff – see national website
- 11.10.18 Rosemary Maling Lecture Day – Brecon. Details on Wales website

### Information:

Up to date advice on GDPR is on the national website – it affects all of us but it is nothing to be worried about! The use of a generic email address for all your committee positions will be a big help. Do remember to use BCC for all communications – another safety feature.

A safeguarding policy that can be used by U3As is now available for use – see National newsletter.

On the advice of an expert, the use of the words ‘capitation fee’ is now to be replaced by ‘Trust membership subscription’.

The Wales conference was a great success – thanks to all who came and supported it. The details of the discussion groups and the ideas that came out of them are on the Wales website. In response to requests at the conference – there is a list of our Trust Volunteers on the Wales website. Follow the link on the welcome page – their contact details have been displayed with their permission. There were some great ideas to try for the Coastline Project – Stuart the organiser, would like to know if you have something planned.

Your members still have time to submit an entry for the Short Story Competitions – please do encourage them to enter.

There is a new Dementia advice page on the U3APlus website – <https://plus.u3a.org.uk> for all to use. Lots of useful tips on how to ensure all your members can access our lifelong learning. If any Network would like a presentation about U3APlus and accessibility, please contact U3APlus via their website.

**Please don't forget:**

Do sign up to the National newsletter.

Do pass all information to members – they are the bedrock of our organisation. Information is not just for the committee! I do find that despite sending details to U3As, often the members do not hear about events, competitions and ideas.

**Please double check that your U3A contact details at National Office are correct and up to date. This will help to ensure you get all relevant information. Don't forget to tell your Network secretary and the Regional Trustee of any changes too, please.**

**Advice:**

National subject Advisers, national website, National Office, Regional Trustee – all of these are available for everyone - regardless of the size of your U3A. They are there to support everyone.

There are grants available for U3As who are having open days to spread the word about the U3A, or who are having a workshop/training to do with managing their U3A. Get in touch with me to know more.

Can I ask you all to keep an eye on your neighbouring U3As – especially if they are new or small. They may welcome a hand offered in friendship – why not invite them to one of your open meetings or special events. Networks are ideal formats to ensure all U3As are happy and thriving.

I am delighted that 2 people have stepped forward to stand for Wales Trustee, thank you. It is great that Wales has such pro-active members. Please use your votes in the national elections.

This will be my last Newsletter as Wales Trustee – I hope you have found the newsletters useful. May I thank you all for your friendship and support over the last 3 years. I am sure you will do the same for my successor. Good luck for the future to you all.

Hilary Jones    hilary.jones@u3a.org.uk    01352 780324