

# Flintshire U3A Newsletter

*Flintshire U3A - Friendship & Fun through Lifelong Learning*

Website: [www.flintshire-u3a.co.uk](http://www.flintshire-u3a.co.uk)

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## Diary Dates:

Contributions for the September Newsletter should be submitted by Monday 13<sup>th</sup> August.

Summer Picnic July 22<sup>nd</sup>. See the website for details

Open meeting Thurs 6<sup>th</sup> Sept 10.30 Connah's Quay Civic Hall. Talk by Cllr. Andrea Mearns - Bailey Hill, Mold

FU3A Deeside Special Social Friday 21<sup>st</sup> September

## Message from the Chair:

First of all I would like to welcome all our new members that have joined us since the beginning of the year. It was good to meet some of you at our New Members Coffee Morning last month. I'm sure that you will all be aware by now that the new G.D.P.R. came into force on May 25<sup>th</sup>. Rest assured that Flintshire U3A has taken appropriate steps to ensure that any information that we hold on our members is held appropriately and securely. In order for us to comply with the regulation, all FU3A members new and old are required to complete a new membership form. Many of you will have probably done this already; if you haven't your Group Coordinator should have one or you can download one from the website. This is the last Newsletter before September; if you have access to the internet, all our latest updates will be posted there and via your Group Coordinator. In the meantime I hope you all have a great summer, hope to see some of you at our summer picnic in July.

**Chris Winner, Chairman Flintshire U3A**

## Neges gan y Cadeirydd:

Yn gyntaf, hoffwn groesawu pob aelod newydd sydd wedi ymuno â ni ers dechrau'r flwyddyn. Roedd yn dda cwrdd â rhai ohonoch yn ein bore coffi i aelodau newydd y mis diwethaf. Rwy'n siŵr y byddwch i gyd yn gwybod erbyn hyn am y G.D.P.R. newydd ddaeth i rym ar Fai 25ain. Mae U3A Sir y Fflint wedi cymryd y camau priodol i sicrhau bod unrhyw wybodaeth sydd gennym am ein haelodau yn cael ei ddal yn briodol ac yn ddiogel. Er mwyn inni gydymffurfio â'r rheoliad, mae'n ofynnol i bob aelod FU3A, newydd neu hen, lenwi ffurflen aelodaeth newydd. Mae'n debyg y bydd llawer ohonoch wedi gwneud hyn eisoes, ond os nad ydych, dylai eich Cydlynnydd Grŵp roi ffurflen i chi neu gallwch ddadlwytho un o'r wefan. Dyma'r Cylchlythyr olaf cyn mis Medi, ond bydd ein gwybodaeth ddiweddaraf ar y We neu cewch wybod gan eich Cydlynnydd Grŵp. Yn y cyfamser, rwy'n gobeithio y cewch haf gwych, ac rwy'n edrych ymlaen at weld rhai ohonoch yn ein picnic haf ym mis Gorffennaf.

**Chris Winner, Cadeirydd Sir y Fflint U3A**

**The Welsh translation was provided by Jane Owen**



## Hints and Tips for Newsletter Articles

**Group Coordinators** – please keep those articles coming to show future events and all the interesting things your group has been doing. **Group Members** – please give photos and items to your group coordinator to pass to the team for the Newsletter.

First of all, and most important, we want the Newsletter to be interesting and easy to read, with plenty of pictures. So, if you can aim to take photos that show the activity that the group is doing, it will add interest. We love to see who is involved and, rather than a basic group photo, if you can show people actively engaged that would be wonderful. We have problems with dark photos which don't print too well - if you can try to get brighter ones that would be good. Unfortunately we don't always have the sunny days! The article itself should be written in 'easy to read' language and not be too long.

Now for some practicalities.

Articles should be submitted to the Newsletter email address [fu3newsletter@gmail.com](mailto:fu3newsletter@gmail.com) by the date advised in the previous newsletter.

The name of the Group and the name of the Coordinator submitting the article need to be clearly shown in the subject line of the email.

The article should be sent in either as a Word document, or in the body of your email, to make it as easy as possible for us to do what's needed for putting it in the newsletter.

If you need to present some information in a special format, please use Word and appropriate tools such as 'Insert Table'. Other methods of making the information look right on your screen probably won't look right on our screens, and can take an awful lot of sorting out for transfer to the newsletter.

Any ideas you have for improving your newsletter would be gratefully received, and we look forward to receiving your future articles.

**Martin, Muriel, Susan – Newsletter Editorial Team**

## Backgammon Group

We have spaces in the Backgammon group for beginners as well as experienced players.

**Please contact the coordinator, Jill Huntington**

## Exploring Science

In April and May our Exploring Science Group had combined visits to the Cefn Mawr Quarry and the Tunnel Cement works at Padeswood.



The visits, of 2 groups of 10 members, were highly informative and very interesting and gave us all a much better understanding of the work going on at both sites. Many thanks to our organiser Barry and to the site managers for showing us around. **John Tiplady**

## Science Group Talk

**TUESDAY 10<sup>th</sup> JULY 2.00 P.M. AT THE  
METHODIST CHURCH, MOLD**

**PROFESSOR NIGEL LINGE, UNIVERSITY  
OF SALFORD**

**'From Man on the Moon to Life in  
Cyberspace'**

The early history of the internet, and how it has grown to satisfy the demands of the 21<sup>st</sup> century. There are some spaces available to non members of the Group.

**Please contact Philip Johnson:**  
[pj32381@gmail.com](mailto:pj32381@gmail.com)

## “Deeside Special” Social, 21<sup>st</sup> September 2018: Save the Date!

On Friday 21<sup>st</sup> September FU3A are planning a “Deeside Special” whole day social event between Flint and Talacre.

There will be a walk, using the Wales Coast Path, which individuals and groups can join and leave at different stages. Or, of course, for the whole 13 miles (22 kilometers). The idea is for people to “do as much as you want” and transport along the route to return to starting points will be arranged.

We also want to involve different group coordinators and their members in other events along the way – for example, art, photography, flora and fauna including birdlife, appreciation of public artworks etc. Planning is in the early stages and anyone interested in taking part or helping to organise the day, or any part of it, should contact the secretary. New members would be particularly welcome to join us.



This event will also be a Flintshire contribution to the Wales U3A Coastline and Border Celebration.  
**Stuart Murray - [Secretaryflintu3a@gmail.com](mailto:Secretaryflintu3a@gmail.com)**

## Archaeology - Proposed trip to York. 12<sup>th</sup> to 14<sup>th</sup> August inclusive.

There will be a two night bed and full English breakfast stay in a hotel overlooking the River Ouse, in the centre of York. There are five single rooms left and the rest a mixture of twin and double rooms. All rooms are ensuite and are fully equipped with TVs, hairdryers and safe. The hotel has a restaurant, bar, gym, sauna, steam room and jacuzzi.

The trip will comprise of three days visiting the following;

Day 1. Alborough Roman site, Day 2 Jorvik Viking Centre, Day 3 Vindalanda.

All entrance fees are covered in the cost of the trip and we will be ferried by coach to each destination. The cost of the trip is £224 with £65 for a single room supplement. Dinner at the hotel has an additional charge of £20 per person, per night, should you wish to book this option.

There are only 30 places in total and several places have been booked at this point.

Please contact me at [julieharvey53@hotmail.com](mailto:julieharvey53@hotmail.com) with your preferred options, if you wish to be reserved a place, at your earliest convenience.

**Julie Harvey - Archaeology Group Coordinator**

## Wine Appreciation Group 2 - 19 Crimes The Uprising 2017 14.5% Australian Red

ASDA £7:00 (Can be obtained at other outlets). Intense lifted vanilla aromatics balanced with ripe red berry fruits. The palate finishes soft and fruity with a pleasant lingering freshness. This wine was matured for 3 months in 100% American oak. This wine can be drunk now but will further improve if carefully stored for up to 4 years. Good with beef, lamb, spicy food, mature and hard cheese and poultry.

**John Tiplady - Group Coordinator**

## Exploring Science Group



Facial reconstruction 2015  
(©Culture 24)



The skeleton in situ  
(©Leicester Uni.)



Richard's tomb

On 13<sup>th</sup> March, the Science Group hosted a talk by Dr. Rhian Morgan from the Wales Gene Park in Cardiff on the "King's DNA - Richard III from Car Park to Cathedral". Members enjoyed a thoroughly informative talk, delivered in a very professional manner, which left everyone wanting more. Rhian commenced with Richard's early history, his coronation as King on 6<sup>th</sup> July 1483, and his possible involvement with the Princes in the Tower. On 22<sup>nd</sup> August 1485, at the Battle of Bosworth, having reached within a sword's length of Henry Tudor, Richard's horse became stuck in marshy ground, and he was killed with a blow to the head. Analysis suggested it could have been a weapon such as a halberd. His body was taken to Leicester and buried in Greyfriars Church. The exact location became lost over five centuries of developments. In August 2012, an initiative between several organisations including Leicester University, Leicester County Council and the Richard III Society was mounted to search for the remains of King Richard. On 7<sup>th</sup> December, beneath a city centre car park, a human skeleton was found in the remains of the Choir in Greyfriars Church. The skeleton had a severe curvature of the spine, and the skull had a series of injuries, one being a gaping hole consistent with a halberd blow. Radiocarbon dating of the skeleton gave a result within the correct timeframe, but didn't pinpoint the exact date. Richard's maternal line - or mitochondrial - DNA matched two living relatives of his eldest sister, Ann of York, with a 99.999% probability the body was that of the Plantagenet King. His remains were re-interred in Leicester Cathedral on 26<sup>th</sup> March 2015.

### Philip Johnson

This edition of the newsletter was edited by Martin Hampstead, Susan John and Muriel Vernon

### FU3A Committee Members

Chair	Chris Winner	01244 550381	Committee Member	Marie Edwards	01352 752844
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