

Flintshire **U3A** Newsletter

Flintshire U3A - Friendship & Fun through Lifelong Learning

Volume 12 Issue 4

November 2017

Diary Dates:

Christmas Lunch: Friday, December 1st, 12.30pm, Celtic Arms, Northop.

Festive Sing Along: Tuesday, December 12th, 2:30pm - 4pm, Tyddyn Street Church, Mold.

Post Christmas Coffee Morning: Thursday, December 28th, 10am - 12 noon, Grosvenor Hall, Mold.

New Year Concert: Friday, January 19th, 2pm - 4pm, Ewloe Social Club.

Open Meeting: Thursday, February 1st, 10am - 12noon at Connah's Quay Civic Hall.

Contributions for the February newsletter must be in by Friday 12th January (email address above).



Message from the Chair:

I know it's only the beginning of November (actually October as I write this) and the festive season is still several weeks away, this is the last newsletter before the New Year. That being the case, I would like to take this opportunity to thank YOU our Flintshire U3A members, for helping to make this another successful year. Particular thanks to our group coordinators, our volunteer helpers at our various events and meetings and to our committee, who beaver away in the background, helping to keep things running like the well oiled machine Flintshire U3A is. Flintshire U3A never stands still, as you can see, we have events coming up within the next few weeks, into the New Year and beyond, so don't forget to put them in your diary (U3A ones are still available).

Finally may I wish you and your families all the very best for Christmas and the New Year.

Chris Winner, Chair, Flintshire U3A

New* First Aid Courses

In the New Year, FU3A will be running a series of **First Aid Courses**, led by **St John's Ambulance** training staff. There will be three, two part courses covering **Basic First Aid Awareness** and **Public Access Defib Awareness**. Each part of the course will be two hours. The courses are free. Further details are on the website.

First Aid 1 - Gwernymydd Community Centre
Monday, January 15th and 29th, 10:00 - 12:00

First Aid 2 - Buckley Cross Community Centre
Thursday, February 1st and 15th, 10:00 - 12:00

First Aid 3 - Sychdyn Memorial Hall
Wednesday, March 14th and 28th 14:00 - 16:00

Please contact: Chris on 01244550381 or by email to fu3achair@gmail.com to reserve your place.

Flintshire U3A Christmas Lunch 2017

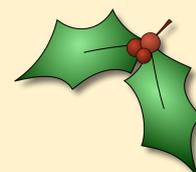
Friday 1st December
(12 noon for 12:30)

at

The Celtic Arms, Northop, CH7 6W

You can download a menu/booking form
from the FU3A website

or contact Marie on 01352 752844
(Places are limited)



FU3A Festive 'Sing Along'

on
Tuesday, December 12th
2:30pm - 4pm
 at
Tyddyn Street Church in Mold

Come along and join us in singing festive seasonal songs and readings followed by seasonal refreshments. The event will be ticketed. Tickets are free and will be issued on a first come first served basis.



**Contact: Marie on 01352 752844
 to reserve your ticket.
 Places are limited to 100**

**Post Christmas Coffee Morning
 and
 Membership Renewal Opportunity!**

Thursday 28th December 2017
 10am to 12 noon.
 in
 the Grosvenor Hall, Grosvenor Street, Mold.

Lesley will be there to take membership renewals.



Everyone is welcome, so drop in for a coffee and a chat. It's FREE!

'Words, Music and Song' Group - John

The 'Words, Music and Song' group is about discovering and developing musical skills. We play folk music, blues, pop, jazz and African drumming and aspire to writing our own material.

Anyone is welcome, regardless of expertise. We support learning on a 'rolling basis' on guitar, ukulele and drumming. We have received some funding from the Co-op for percussion instruments and have just bought our first items including a bodhran, dun-duns and djembes. So if you're interested in African drumming



Flintshire U3A new drums demonstration, at the September Open Meeting



Flintshire U3A new drums demonstration, at the September Open Meeting

or anything else we do, please get in touch, especially if you play accordion, concertina or violin in a folk style.

Our meetings are usually from 12 - 3 pm on the 2nd and 4th Fridays of each

month at Mold Methodist Church. Please check if you're planning your first visit. Music sessions cost £1/hour. Drumming sessions cost £4/hour. The stuff is good, especially the djembes.



Flintshire U3A new drums demonstration, at the September Open Meeting

Armchair Travellers - 'European Travels with the Smiling Smyth's'

New Brighton Community Centre, 2pm Thursday November 9th.

Message from the Chair to our Welsh speakers:

Rwy'n gwybod mai dim ond dechrau mis Tachwedd ydi hi (mewn gwirionedd mis Hydref ydi hi adeg ysgrifennu hwn) ac mae tymor yr ŵyl sawl wythnos i fwrdd, ond dyma'r cylchlythyr olaf cyn y Flwyddyn Newydd. Hoffwn felly fanteisio ar y cyfle hwn i ddiolch i CHI, holl aelodau U3A Sir y Fflint, am helpu i wneud y flwyddyn hon yn flwyddyn lwyddiannus arall. Diolch yn arbennig i'n cydlynwyr grŵp, ein cynorthwyr gwirfoddol yn ein gwahanol ddigwyddiadau a chyfarfodydd, ac i'n pwyllgor sy'n gweithio'n galed yn y cefndir i gadw pethau'n rhedeg yn llyfn trwy gydol y flwyddyn. Nid yw U3A Sir y Fflint byth yn sefyll yn llonydd; fel y gwelwch, mae gennym ddigwyddiadau yn ystod yr wythnosau nesaf, hyd y Flwyddyn Newydd ac wedi hynny. Felly peidiwch ag anghofio eu nodi yn eich dyddiadur (mae dyddiaduron 2018 U3A yn dal i fod ar gael).

Yn olaf, carwn ddymuno'r gorau i chi a'ch teuluoedd dros gyfnod y Nadolig a'r Flwyddyn Newydd.

Chris Winner, Chair, Flintshire U3A

FU3A New Year Concert

will be on
Friday, January 19th 2018
2pm to 4pm
in the Ewloe Social Club

Entertainment by FU3A members
And back by popular demand

RUTH MOORE WILLIAMS

Tickets cost £2

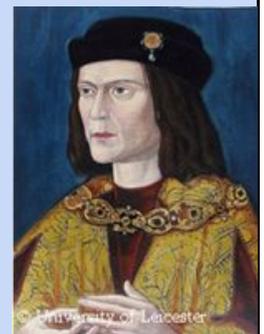
Contact: Marie on 01352 752844

The FU3A Science Group Invite you to a talk
By Dr Rhian Morgan from the Wales Gene Park

THE KING'S DNA
Richard III: from Car Park to
Cathedral

Tickets £2
(available from 1st December)

Tuesday 13th March 2018,
2.00-3.00 pm at the Ewloe Social
Club, Old Mold Road, CH5 3AU



Contact: philip194johnson@btinternet.com

A Visit to Nant Mill - Arlene

During June, some members of the Basic Welsh Group walked a section of the Clywedog Valley Trail, (organised by Peter & Meg Hartnell) to view the remains of its industrial past as well as enjoying the wildlife. We started at Nant Mill and all information was given, bilingually by Meg & Peter. We learnt



that there were many mills in that area and in particular about the Evans family who worked the farm and Mill. They also had 10 children, and one of them, was the mother of Gillian Clarke, our National Poet since 2008. One of her poems entitled "Taid" (Grandfather in English) is on the wall in the Visitor Centre, together with a photo of her mother. Our attention was also drawn to the 19th century gothic bridge and part of Offa's Dyke as we made our way through Plas Power Wood.



There was a variety of trees, in fact, on one of them we saw a carving of King Offa's face and he's pointing to Wales and down the side, there were carvings of very young mining children. The trees also provided welcome shade from the warm afternoon sunshine and the leaves made a beautiful canopy of many different shades of green and the sight and sound of the river was very restful, and reminded some of us of a poem learnt in school "Nant y Mynydd" by Ceiriog Hughes, 'Mountain Stream' sung by Aled Jones and many choirs. On our return to the Visitor Centre, we sat in the tenters field where cloth used to be stretched and hung up to dry but today we relaxed like many other families there and enjoyed our ice cream at the end of a really interesting and enjoyable day out.

Exploring Science Group - 'Don't Try This At Home!'

A talk by Peter Green, 2pm Tuesday 14th November, Methodist Church, Wrexham Street, Mold.

Bijou Dining Group - Hazel

As the name suggests this is a "small" informal group of luncheon diners who enjoy good food & conversation. We meet the last Thursday in each month. The venues are chosen in and around Mold and each diner is given the opportunity to choose the restaurant for the following month.

However, from May until November the group meet for evening dining then revert back to luncheon dining through the winter months.

Due to conflicting events a couple of diners have reluctantly had to leave. Therefore, should anyone wish to join the group please ring Hazel Yates on 01352 770012.

Be quick as it will be on a first come first served basis.

Art Group - Susan

Do you have a creative bent? - no matter how tentative. Did you enjoy drawing and painting at school? Do you think you can't draw?

If your answer to any of the above is "yes" - or even "sort of" - you are cordially invited to come to an open morning to be held by Art Groups 2 and 3.

FRIDAY 10th NOVEMBER, 9.30 - 11.30am
Grosvenor Hall, Mold.

Some materials will be available for a hands-on experience, and members of the two groups will be on hand to help. Members of Art Group 1 may also be taking part. Art groups 2 and 3 meet at Grosvenor Hall on alternate Fridays from 9am. Most of us are in both groups, so hardly notice the seam! There is plenty of room for more members, so come along and give art a go!

Crown Green Bowls - Barry

The 2017 season has drawn to a close with a spell of poor weather. The season as a whole was another triumph. Members came in numbers and enjoyed a relaxing couple of hours practicing their skills with a mild degree of competitiveness. The group's contributions added funds to Rhydymwyn Bowling Club, who appreciated the money. Next year we will start again in April, and as always, new players will be welcome. It has been suggested that £1 is too small a price to pay for such a fun activity but that will be up for discussion. So polish your bowls, put them away in a safe place where you can find them next year, and pray for a lovely hot summer 2018.

Wine of the Month - John

DARK HORSE. Cabernet Sauvignon, 2015 13.5%
California Morrisons £8.00

Medium bodied, showcases bold flavors of blackberry and black cherry, supported by firm tannins, brown spice and with a dark chocolate espresso finish. It has been fermented on oak staves, after which, a portion of it was ultra-filtered to refine tannins and remove bitterness while retaining structure and increasing concentration. Following fermentation, a portion of the wine was aged in 4,000-gallon oak casks in an underground cellar. Best matched with equally bold flavours, like chili or strong cheddar.

Flintshire U3A Committee Members

Chair	Chris Winner	01244 550381	Equipment Officer	John Hornby	01352 741811
Vice Chair	John Tiplady	01244 534394	Comm. Member	Alan Harris	01352 700062
Treasurer	Kate Grady	01824 707574	Comm. Member	Philip Johnson	01352 700850
Secretary	Elaine Ingman	01352 740704	Comm. Member	Elen Williams	01352 752174
Membership Secretary	Lesley Roberts	01352 840532	Comm. Member	Stuart Murray	
Social Events	Marie Edwards	01352 752844			

