



# UPDATE!

## Wales Coastline and Border Celebration

### Anything to contribute to the Conference?

This Update is the last opportunity to ask U3A organisations and individual members to respond if they would like to display any work that has been undertaken to support the Wales U3A Coastline and Border Celebration at the all Wales Conference in Lladrindod Wells on Wednesday 9<sup>th</sup> May.

There has been a steady flow of material to support all the themes of the project, from walking to photography and nature, heritage to art, and places to visit, whether urban or rural.

The Facebook Group posts for March are included in this Update. They are very varied and include one off visits and records of achievements that have been much longer in the making.

If there are things you would like to see included in the Conference which relate to this project, about how you or your members are engaged with the coast and border lands of Wales, please feel free to get in touch:

Email: [u3acoastandborder@gmail.com](mailto:u3acoastandborder@gmail.com)

Website: [Wales U3A Cymru](http://Wales U3A Cymru)

Facebook: [Coastline and Border Celebration](https://www.facebook.com/Coastline-and-Border-Celebration)



*Burry Port Lighthouse, Carmarthenshire, and Worms Head from above Rhossili Beach, Gower, both from Janet La Grange, Swansea U3A*



Far left: Ceinewydd, Ceredigion

Middle: Trig Point on Hatterall Ridge, Offa's Dyke

Left: Cardiff Castle with snow, Spring 2018

## Contributions in March

The 31 March posts on the closed Facebook Group ([Coastline and Border Celebration](#)) have included:

*The whole of the Carmarthenshire Coast Path, with diaries of each section, from Carmarthen U3A;*

*The Glamorgan Heritage Coast Path in 3 stages, from Porthcawl to Llantwit Major, from a Bridgend U3A member;*

*Four sections of Offa's Dyke Path, from Sedbury Cliffs to Kington, plus other photographs of the Dyke by a West Wolds U3A member;*

*Cardiff to Rhymney walk from a Swansea U3A member;*

*Sunset shots of Caernarfon and the Menai Strait from a Flintshire U3A member;*

*Aber y Teifi. Machlud canol haf o aelod (member) P30 Aberteifi (photo top right);*

*Exhibitions at Plas Glyn Y Weddw, Llanbedrog, and at Mostyn Art Gallery, Llandudno, as well as memories of the Weeping Willow poppy installation at Cardiff and Caernarfon from a Cardiff U3A member;*

*Reflection on the life of the Swansea artist Ceri Richards from a Yate and Sodbury District U3A member, contemporary paintings of The Gower by artist Valerie Godwin, and a sand installation at Mwnt for the Spring Equinox (Marc Treanor phot bottom right) from a Newcastle Emlyn U3A member;*

*Geology of Anglesey from a Berwyn and District U3A member and bird life of Anglesey from a Flintshire U3A member;*

*Inscriptions on and beside the road, a sighting of C3PO in Talacre lighthouse, and optical illusions on the Cardiff Bay barrage from a Cardiff U3A member;*

*The creation of the Wales Coast Path in Flintshire (phot middle right) and the Charles Kingsley poem 'The Sands of Dee';*

*Porthgain and industrial heritage from a Torfaen U3A member;*

*A visit to Barry and the Barry Dock Offices, with the statue of the dock builder David Davies by a Cardiff U3A member;*

*Point Lynas on Anglesey and a Spring walk from Benllech to Amlwch;*

*Swansea Bay and a modern skyline from a Swansea U3A member;*

*The Green Bridge of Wales and Merrion Camp, serving Castlemartin Range, from a Swansea U3A member.*

