

Flintshire **U3A** Newsletter

Volume 12 Issue 1

February 2017

Flintshire U3A - Friendship & Fun through Lifelong Learning

Website: www.flintshire-u3a.co.ukEmail: fu3anewsletter@gmail.com

Flintshire U3A 2017 AGM will take place on Thursday 3rd March at Connah's Quay Civic Centre

The meeting will begin promptly at 10:30 am with a short talk by Tamara Harvey the Artistic Director of Theatr Clwyd.

There are committee vacancies for a Treasurer and one committee member. Nominations are invited from our membership.

Please note that nominations and voting may only be made by current members of FU3A. Members will be requested to sign in at the meeting.

Nomination forms can be obtained from our secretary Elaine Ingman at elaine.ingman@hotmail.com, or they can be downloaded from the FU3A website.

Forms should be completed by 17th February 2016 and returned to Elaine by post. Items for discussion under any other informed business must be submitted in writing before 17th February and returned to Elaine Ingman, Awel y Mynydd, Cilcain Road, Pantymwyn, Mold, CH7 5NJ.

Copies of the Minutes of the 2016 AGM, the Treasurer's Report for 2016 and the Agenda for the 2017 AGM are available on the FU3A website.

Diary Dates

Thursday, March 3rd
A.G.M.
Connah's Quay Civic Hall

Wednesday, March 17th
Ceilidh Night
Connah's Quay Civic Hall

Thursday, April 6th
Open Meeting
Connah's Quay Civic Hall

Newsletter
Please submit
contributions for the April
Newsletter before March
17th

Contacts:
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Membership Renewals

To renew your FU3A membership at discounted rate of £10 per person you must renew before March 1st 2017, after that date the membership fee reverts to £12.

Lesley will be available to take membership renewals at the following meetings:

06.02.17 Social History	09.02.17 Armchair Travellers
21.02.17 Art Appreciation	27.02.17 Archaeology

Group Coordinators Meeting

The next meeting for Group Coordinators will take place on March 30th 2017 at the Church of the Rosary, Jubilee Road, Buckley. 10 am to 12 noon. Minutes of the previous meeting are available on the FU3A website after February 5th.

BLWYDDYN NEWYDD DDA ! (Happy New Year) - Vera

In November, the Grwp Cymraeg and friends enjoyed a very relaxing and delicious Sunday Dinner on the Barge at Pontcysyllte.

We appreciated the beautiful scenery and listened to the Guide's interesting tales as we ate.

The group celebrated Christmas at the Queen's Head, followed by a game of Bingo in Welsh!! and chances to win some surprises!!!

Breaking News ! We now meet in the Caffi/Library at Mynydd Isa Community Centre, every Monday afternoon (except Bank Holidays) at NEW TIME 2 p.m. - 3.30 p.m.



FU3A St Patrick's Ceilidh Night

FU3A are holding a Ceilidh Night for members on Friday March 17th 2017 in Connah's Quay Civic Hall.

The tickets cost £5 and are available from Marie : 01352 752844 or email FU3Asocialeventsteam@gmail.com.

There will be a live band and a licensed bar!

Even if you don't dance you can still come along to enjoy the music and the company!

Possible New Group Sound Recording - Trevor

Sounds Interesting?
Interested in Words? Interested in turning Words into Sounds?
Fancy being the next Melvyn Bragg or Claire Balding, James Naughtie or Kirsty Young?
If so, have a go at recording your own words, or those of your family, friends and other interesting folk on a limitless range of topics, occasions and events.

The U3A is all about 'broad - casting' through sharing, fun through learning new skills and friendship through the creation of a tangible record of whatever tickles your fancy!

If you would be interested in exploring this challenge, please contact:

Trevor Dennis: wendyandtrevor107@gmail.com or on 01244 532315 (after February 7th).



FU3A Film Group at Eleanor House - David

Tuesday 7th February - Nigel Hawthorne, Jeremy Northam, Gemma Jones in "The Winslow Boy." 1999

Tuesday 21st February - Doris Day, Rock Hudson in "Pillow Talk." 1957

Tuesday 7th March - Rafe Spall, Andrew Scott in "Swallows And Amazons." 2016

Tuesday 21st March - Spencer Tracy, Katharine Hepburn, Sidney Poitier in "Guess Who's Coming To Dinner." 1967

Contact: David on 07803162230 to reserve a seat.

FU3A Christmas Concert 2016

The 2016 Christmas concert, held at Connah's Quay Civic Hall was the biggest yet, around 170 members attended.

We were entertained by our Smiles Group, Singing for Pleasure, Words Music and Song Group, Drummers and Belle Plate Ringers. The main guest of the evening was the excellent Ruth Moore-Williams. The evening was topped off with seasonal refreshments. The general consensus was that a good time was had by all!



Chatsworth Away Day - Judith

On the 17th November fifty members of the Away Day Group set off for a visit to Chatsworth House and their Christmas Market. The day started off rather inauspiciously as it started to rain and we got wet waiting for the coach! By the time we got to Chatsworth it was torrenting down.



However, after about half an hour the skies cleared and the sun came out. We were then able to browse amongst the many stalls selling quality goods and produce, which tempted most of us into several purchases.

Our slot to visit the house was at 3.15 and we spent an hour and a half going through the house. The theme this year was the Nutcracker which was absolutely beautiful. A great deal of care had obviously been taken in staging the event and members of staff/volunteers were dressed in costumes from the Nutcracker.

In spite of the unpromising start, we all had an excellent day.

Belle Plate Ringers



The Belle Plate Ringer have vacancies for players. They meet Mondays from 14.00 - 16.00 at the Mynydd Isa Community Centre. So if you would like to try your hand at Belle Plate Ringing please contact **Pat on 01244 543156**.

Quote: 'You are never too old to set another goal or dream a new dream.' C. S. Lewis

Bath and Bristol Away Day Break, October 10th - 13th - Maureen

Wonderful weather, convivial company, stunning scenery - all that and much more we enjoyed on our recent trip to Bath and Bristol. 48 of us travelled to Bath via Berrington Hall, a Georgian mansion near Leominster, where we spent a very interesting afternoon exploring the house with its beautiful embroideries and the wonderful gardens laid out by Capability Brown.

Our hotel in Limperley Stoke was very pleasant with spacious rooms and excellent food. Alan, our accomplished coach driver was not quite so impressed by the driveway which took some negotiating.

Tuesday was spent in Bath starting with a tour of the Roman Baths which was fascinating and very informative. Some of us then enjoyed a leisurely lunch or afternoon tea in the nearby Pump Room, where we were entertained by excellent piano music and the spectacle of a Japanese photoshoot! With its abbey, beautiful buildings and the possibility of an open top bus tour it was a very eventful day.

Wednesday saw us in Bristol aboard Brunel's S.S. Great Britain, which has been restored to its 1845 former glory and is now used as a floating museum. There was an opportunity to go into Bristol or even to climb the rigging! The queue for that was very short! It was a truly memorable day.

On the way home on Thursday we made a detour to the small city of Wells in Somerset where we could marvel at the wonder of the gorgeous cathedral, visit the parish church of St. Cuthbert and/or simply wander the lovely old streets. The Bishop's Palace with its moat and wells (from where the city gets its name) is for another day.



The following FU3A groups offer some or all of their sessions as Open Talks -

Archaeology	- 4 th Monday of the month, p.m.
Art Appreciation	- 3 rd Tuesday of the month, a.m.
Armchair Travellers	- 2 nd Thursday of the month, p.m.
Gardening Group	- 1 st Friday of the month, p.m.
Social History	- 1 st Monday of the month, a.m.
Exploring Science	- 2 nd Tuesday of the month, p.m.

The 2017 programmes for these groups are available on the website or contact the coordinator for the group.

The FU3A Quiz night is also open to all members, it takes place in the Grosvenor Hall, Mold on the 3rd Friday. Prompt start at 7:30 p.m.

Crown Green Bowling - Barry

The 2016 season ended a little abruptly, as the club, whose green it is, suddenly decided the grass needed some TLC. The season itself went very well, better attendances than previous years, overall better weather and consistently good play. Rhydymwyn Institute reaped a handsome financial bounty as a result.

The new season for 2017 will commence on Thursday, April 20th.

As usual it will open to new as well as established members, at the same rate as before. Look us up on the website and come along. Pray for good weather and fully recovered grass.

Contact: Barry on 01352 741836



Memory Courses 2017

If you'd like to know how our memory works and how to keep it in tip top condition, come and join us for four Monday mornings in the spring.

Dates for the next four week Memory Course are 20th & 27th March, 3rd & 10th April.

The course are informal, friendly and fun. No tests!

For further details contact Angela on 01352 770135 or Monica on 01352 741117



FU3A - Setting up a new Interest Group

Before setting up a new Interest Group, it is important that you contact our FU3A Groups Coordinator John Tiplady in order that the FU3A protocols are followed. After an initial meeting with John the details of the proposed group can be publicised on the FU3A website and in the Newsletter.

Following the publicity an initial meeting is held to gauge interest and establish the format for running the group. It is usual to hold the initial meeting in a venue that won't cost anything for example a local coffee bar or pub.

The 'Flintshire U3A - Setting up a new Interest Group' document is available to download from the coordinators page of the FU3A website.

To contact John our Groups Coordinator, please call 01244 534394 or email Fu3avicechair@gmail.com

FU3A Walking Groups

Flintshire U3A has five walking groups at present. They meet on different days of the week and at different times during the month. Easy Social Walking offers the least strenuous walking, they walk for 1.5 to 2 hours and generally over flat areas such as by canals, in country parks, along coastal promenades etc. there is an optional pub lunch afterwards. The other groups offer more challenging walks of up to five miles. They walk in areas such as the Clwydian Hills, Llangollen and areas further afield. So if 2017 is the year you would like to get fitter in the open air, contact one of the group coordinators. You will find their details on the Interest Groups list and on the FU3A website.



Festive Creations from the Craft Group - Patricia



The Craft Group meets on 4th Tuesday of month from 10.00 - 12.00 at Glanrafon Centre, Mold.

Everyone is welcome, whether a beginner or a skilled crafter.

Contact: Patricia: 01244535628 or Carol: 01352 758984 for more information.

Wines of the Month, Wine Group 2 - John

White :-

Mud House, Marlborough Sauvignon Blanc Ros. 2012
12.5% New Zealand

Refreshing floral aromas mixed with red berries and spice.
Fresh tropical flavours mixed with a hint of Pinot Noir.
Spicy with a little acidity, clean fresh after taste. Good with light meats or even better on its own. £7:00

Red :-

Gran Montana, Argentina Mendoza Malbec, 2015 13.5%

Rich complex wine, inky full bodied and a little dry. Flavours of dark fruits on the palate with hint of oak and mellow tannins. Recommended to be good with all red meats (even if spiced) and also quite nice on its own. £7:00

Both wines available in Morrisons and other Supermarkets.



Flintshire U3A Committee Members

Chair	Chris Winner	01244 550381	Website Manager	Chris Winner	01244 550381
Vice Chair	John Tiplady	01244 534394		Jerry Carter	01244 546529
Treasurer	Elen Williams	01352 752174	Other Committee Members	John House	01352 720860
Secretary	Elaine Ingman	01352 740704		Alan Harris	01352 700062
Membership Secretary	Lesley Roberts	01352 840532		Philip Johnson	01352 700850
Social Events	Marie Edwards	01352 752844	Co-opted	Stuart Murray	
Equipment Officer	John Hornby	01352 741811	Co-opted	Kate Grady	